

**2021 World Triathlon Multisport
Championships Almere-Amsterdam -
Aquabike**

Female Age Groups		Male Age Groups	
Age Group	Available Spots	Age Group	Available Spots
18-19	23	18-19	23
20-24	23	20-24	23
25-29	18	25-29	22
30-34	18	30-34	22
35-39	15	35-39	19
40-44	15	40-44	15
45-49	9	45-49	13
50-54	8	50-54	9
55-59	12	55-59	11
60-64	8	60-64	9
65-69	16	65-69	13
70-74	21	70-74	16
75-79	23	75-79	19
80-84	23	80-84	21
85-89	23	85-89	23
90-94	23	90-94	23
95-99	23	95-99	23